

The Process of Carcinogenesis

Steps of tumor development

- **Initiation:** essential step that is latent until next step. Often occurs as DNA damage in stem cells
- **Promoting Agent:** Typically not a carcinogen but a chemical that can induce cells to grow.
- **Growth Inhibition:** Normal control of cell growth can influence tumor growth .

Initiating Agent

- Chemical-Carcinogens
- Viruses
- Radiation
- UV Light
- Replication Errors

Promoting Agent

- Specific Promoters
- Inflammation
- Hormones
- Normal growth promoters

Growth Inhibitors

- Hormones - therapeutic or physiological
- Normal Growth Inhibitors - age, surgery, radiation

Mutations Drive Cancer

Human Genome – 3 billion bp

- 1.5% codes for proteins ~ 45 million bp
- Rest is "junk" DNA
- ~550 "cancer genes"
- Ignore upstream regulators
- ~8250,000 bp "cancer coding"
- Only some bp will lead to cancer
- Multiple Genes must be altered 3-12
- Odds of getting a "random" mutation is difficult and cumulative

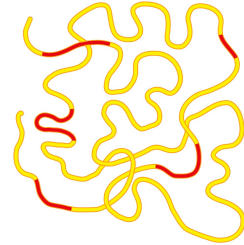
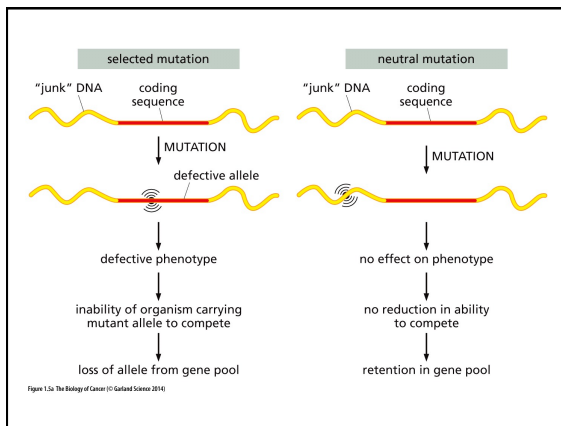
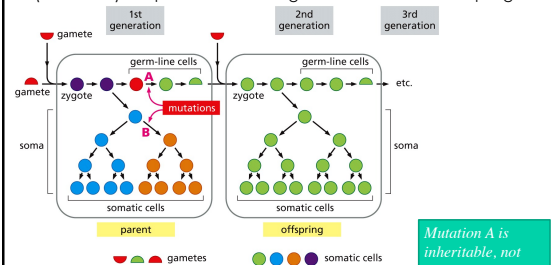


Figure 1-10 The Biology of Cancer (© Garland Science 2014)

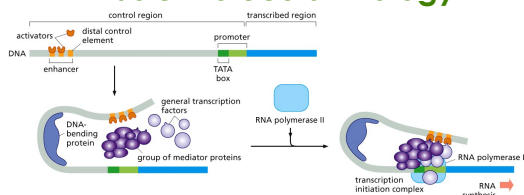


Transmission of Mutations

- Germ cell – sperm and egg: inheritable or new mutation must take place in gonadal tissue
- Somatic cell – All other cells are soma. Genetic alterations (mutations) are passed on to daughter cells but not to offspring



Basic Molecular Biology



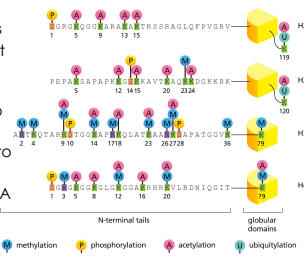
Gene expression depends on multiple proteins and DNA regions.

- Coordinated expression of multiple genes depends on a few common TFs
- Two classes: Housekeeping and tissue specific genes
 - Differentiation relies on ~ 1000 tissue specific genes being appropriately activated
 - ~ 5000 routine genes – metabolism and other cellular needs
 - Many unexpressed genes

Chromosome "Activation"

More than just bound to histones

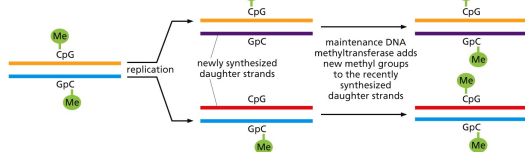
- TF and RNA polymerase must bind "unwind" from histones
- Multiple modifications drive histone – DNA interactions to modulate TF binding
- Phosphorylation – can lead to condensation of chromatin
- Acetylation limits histone-DNA binding creating "active" chromosome hot spots
- Methylation supports protein binding and limits gene expression



Epigenetic inheritance

Heritable genetic traits not caused by DNA mutations – long term stable gene regulation

- Histone modification controls large sets of gene expression
- Methylation regulates TF near promoter regions
- All ensure the daughter cells maintain the same set of "active genes"



Causes of cancer

• **80% of human cancers are estimated to be caused by environmental factors - such as diet, lifestyle and occupation**

• **biggest two causes are tobacco and diet (60 % of total cancer mortalities)**

• **heredity is a major factor in some cancers (breast and colon)**

Causes of cancer

Cancer are cells out of control - signal transduction without the regulation

- **loss of normally controlled cell growth**
- **final result usually from loss of both an on and an off signal**
- **Signals controlling growth clock - cell cycle - are mutated**

Stimulatory pathways - this pathway will become hyperactive if a mutation causes any component, such as growth factor receptors to issue stimulatory messages autonomously, without waiting for commands from upstream.

- growth factor receptors mutated so the intracellular kinase domain is "on"
- cytosolic signaling molecules improperly activated
- nuclear DNA binding proteins turned on
- Growth factors or hormones over-produced without control

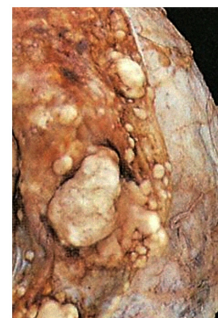
Inhibitory pathways - conversely inhibitory pathways will shut down when some constituent, such as a cytosolic protein is eliminated and thus breaks down the off signaling path

- specific tumor suppressor genes exist
- some are involved in normal cell cycle regulation
- some are inhibitory for specific stimulatory proteins (EGFR and Ras)

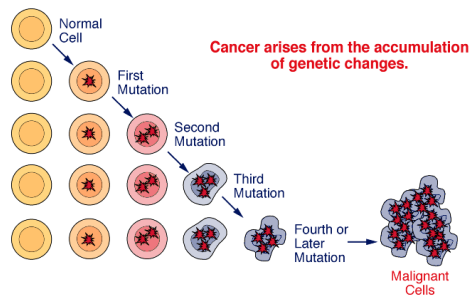
Tumors arise from normal tissues

Tumor cells which have invaded and proliferate forming new colonies (tumors) are metastases

- Primary tumor is created from founding tissue
- Tumors which have not breached basal membrane or invaded other tissues are benign
- Tissues that spread are malignant
- Adult Stem Cells – can collect mutations and form tumors



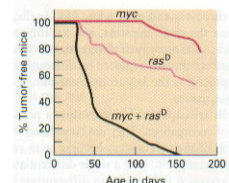
Understanding the Molecular Basis of Cancer



The Process of Carcinogenesis

Carcinogenesis is a multistage event

- Application of a single cancer-producing agent (carcinogen) does not lead to tumor development
- Most cancers are collaborative events



Forces That Influence Cancer

There is no single cause of cancer.

Genetics – Breast and ovarian cancer (BRCA gene), Li-Fraumeni Syndrome, colorectal cancers



Environment – smoking contributes to nearly 1/3 of all cancer deaths. Smoking increases risk 1,200 fold for women and 2,000 fold for men.

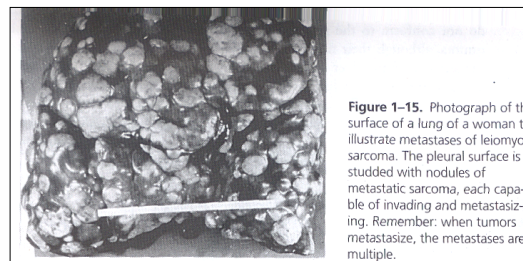


Figure 1-15. Photograph of the surface of a lung of a woman to illustrate metastases of leiomyosarcoma. The pleural surface is studded with nodules of metastatic sarcoma, each capable of invading and metastasizing. Remember: when tumors metastasize, the metastases are multiple.

Forces That Influence Cancer

Diet – Contribution can vary. High fiber, fruit and vitamins can decrease risk and high fat increases

Virus – Limited to a few types of cancer – stomach, cervical and Kaposi's sarcoma (AIDS-related)

Factor	%
Tobacco	33
Diet	30
Infection	9
Hormones	7
Radiation	6
Occupation	3
Alcohol	3
UV light	1



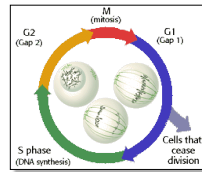
Basal cell carcinoma in a female patient. (From Walter, J.B. 1982)

Progression of Cancer Control of the Cell Cycle

Oncogene: "gene capable of causing cancer"

Tumor Suppressor: "anti-oncogene"

On Switch



Off Switch

Understanding the Molecular Basis of Cancer

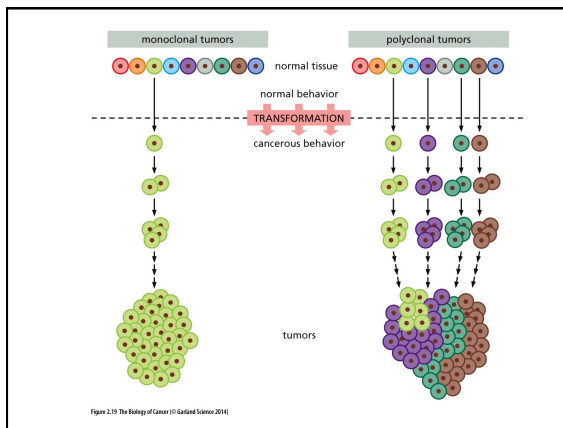
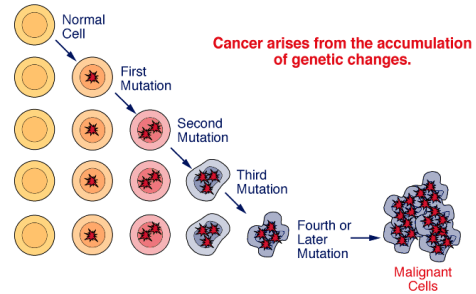
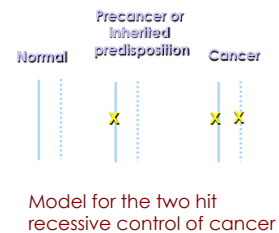


Figure 2.19 The Biology of Cancer (© Garland Science 2014)

Multiple Hit Theory of Tumor Suppressor Cancer

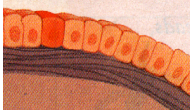


• 5/100,000 children get retinoblastoma
• 40% of cases are familial remainder result from both genes being mutated



Tumor development occurs in stages

GENETICALLY ALTERED CELL

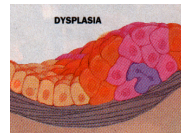


1) **Genetically altered cell** - tumor development begins when a single cell within a normal population sustains a genetic mutation that increases when it would normally rest

HYPERPLASIA

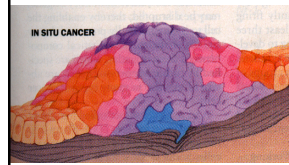


2) **Hyperplasia**
The altered cell continues to grow and the daughter cells continue to look normal but they produce too much - after years some of these cells suffer another mutation that further loosens controls on cell growth



3) Dysplasia

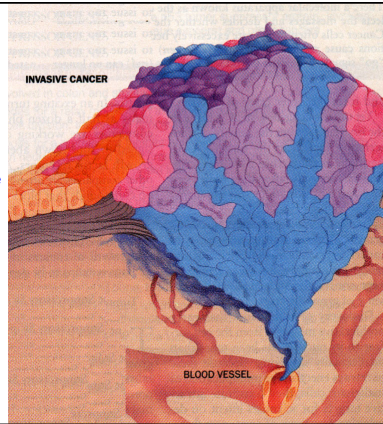
In addition to proliferation excessively, the mutated cells begin to appear abnormal in shape and orientation - morphology changes; After time an additional mutation occurs



4) In situ cancer

The effected cells become still more abnormal in growth and may or may not have begun to lose containment in the original tissue. Additional cells gain another mutation

5) Invasive cancer if the genetic changes allow the tumor to begin invading underlying tissue and to shed cells into the blood stream or lymph, the mass is considered to have become malignant. The renegade cells are likely to establish themselves throughout the body; these may become lethal by disrupting a vital organ



Invasion and Metastasis - the method which spreads cancer through out the body. First cancer cells detach from the primary tumor and breach the basal membrane surrounding a blood vessel and are free to circulate via the blood stream. Eventually a cancer cell may lodge in a capillary or lymph and create a secondary tumor.

• Less than one in 10,000 cancer cells that escape the primary tumor survives to colonize another tissue

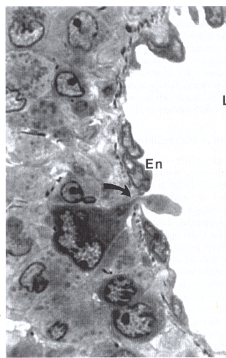
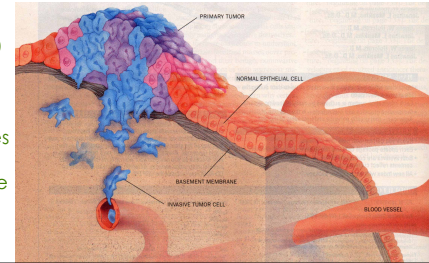
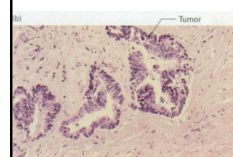


Figure 2-9. Cancer cells gain access to blood circulation by diapedesis. The cancer cell traverses a small opening (arrow) between endothelial cells (En) of the vessel to gain access to the lumen (L). (from Sonu, M.J., Reilly, A.A., Parsons, D.F., and Hussain, M. 1986)

Tumors Grades

A malignant tumor can be removed and classified for tumor grade and the degree of cell differentiation.

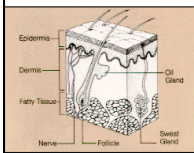


The term "differentiated" describes the extent to which cancer cells are similar in appearance and function to healthy cells of the same tissue type. The degree of differentiation often relates to the clinical behavior of the particular tumor.

The cells of Grade 1 tumors are often well-differentiated or low-grade tumors, and are generally considered the least aggressive in behavior. Conversely, the cells of Grade 3 or Grade 4 tumors are usually poorly differentiated or undifferentiated high-grade tumors, and are generally the most aggressive in behavior.

Melanoma

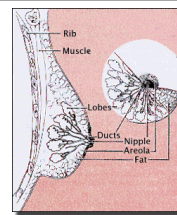
The most serious cancer of the skin. In Western countries, the number of people who develop melanoma is increasing faster than any other cancer. In the United States, for example, the number of new cases of melanoma has more than doubled in the past 20 years.



Melanoma occurs when melanocytes (pigment cells) become malignant.

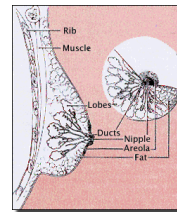
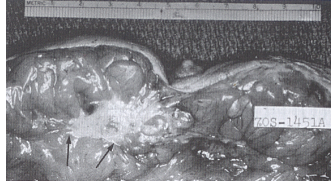
- Melanoma can occur on any skin surface. In men, it is often found on the trunk or the head and neck. In women, melanoma often develops on the lower legs. Melanoma is rare in black people and others with dark skin.
- Melanoma is one of the most common cancers in young adults.

Breast Cancer



Other than skin cancer, breast cancer is the most common type of cancer among women in the United States. More than 180,000 women are diagnosed with breast cancer each year.

- The exact causes of breast cancer are not known. However, studies show that the risk of breast cancer increases as a woman gets older. This disease is very uncommon in women under the age of 35. Most breast cancers occur in women over the age of 50, and the risk is especially high for women over age 60. Also, breast cancer occurs more often in white women than African American or Asian women.

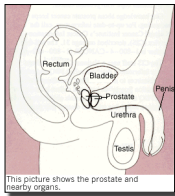


A report from the National Cancer Institute (NCI) estimates that about 1 in 8 women in the United States (approximately 12.8%) will develop breast cancer during her lifetime.

from age 30 to age 40 1 out of 257
 from age 40 to age 50 1 out of 67
 from age 50 to age 60 1 out of 36
 from age 60 to age 70 1 out of 28
 from age 70 to age 80 1 out of 24
 Ever 1 out of 8

- 1 in 8 means that, if current rates stay constant, a female born today has a 1 in 8 chance of developing breast cancer sometime during her life.
- Considering time and race - age 50, a cancer-free black woman has about a 2.5-percent chance of developing breast cancer by age 60, and a cancer-free white woman has about a 2.8-percent chance

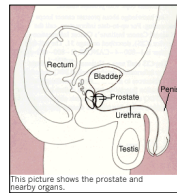
Prostate Cancer



- Prostate cancer is the most common type of cancer in men in the United States (other than skin cancer). Of all the men who are diagnosed with cancer each year, more than one-fourth have prostate cancer.

The causes of prostate cancer are not well understood. Doctors cannot explain why one man gets prostate cancer and another does not.

Risk Factors



Age. In the United States, prostate cancer is found mainly in men over age 55. The average age of patients at the time of diagnosis is 70.

Family history. A man's risk for developing prostate cancer is higher if his father or brother has had the disease.

• **Race.** This disease is much more common in African American men than in white men. It is less common in Asian and American Indian men.

• **Diet and dietary factors** Some evidence suggests that a diet high in animal fat may increase the risk of prostate cancer and a diet high in fruits and vegetables may decrease the risk.

Organization of Tumor cells

Epithelial tissues give rise to most cancer types

- Sheets of cells that line inner or outer walls of organs and surfaces of the body
- These cells come from endodermal / ectodermal germ layers
- **Cancers from epithelial tissues are called "carcinomas"**

Epithelial Carcinomas

Protective layer cells which form tumors are squamous cell carcinoma – skin (keratinocytes) are an example

Epithelial cells which secrete substances form adenocarcinoma cancers

Tissue sites of more common types of adenocarcinoma	Tissue sites of more common types of squamous cell carcinoma	Other types of carcinoma
lung colon breast pancreas stomach esophagus prostate endometrium ovary	skin nasal cavity oropharynx larynx lung esophagus cervix	small-cell lung carcinoma large-cell lung carcinoma hepatocellular carcinoma renal cell carcinoma transitional-cell carcinoma (of urinary bladder)

Table 2.1 The Biology of Cancer © Garland Science 2010

